



Cooking Demo Virtual Workshop, Led by City Harvest

Do you want to learn how to prepare delicious and healthy recipes using fruits and vegetables? We can help!

Join us for a free virtual cooking demonstration that incorporates healthy cooking tips on a budget.

Details

Date: Weekly on Thursdays and Saturdays until the end of the school year

Time: Thursdays 3pm and Saturdays 11am

Sign Up: Please visit
www.CityHarvest.org/Cook

*No demos on winter recess and spring recess

Virtual Workshops are brought to you by:



Have questions?
Please contact:

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