# HAPPY The PS 2340 Tea



#### **Upcoming Events**

1/5 - Pre - K Open House @9AM New Year "2024" Party @4PM - 7PM

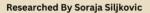
1/9 - Parent Workshop @ 2PM 1/15 - Martin Luther King Jr. Day

(No School)

1/16 - Parent Workshop @ 3PM 1/17 - PTA Meeting @6PM 1/19 - Spirit Day "College/Career Day" & PTA Snack Sale PTA Movie Night @ 5PM 1/23 - Parent Workshop @3PM

## DID YOU KNOW? Dr. Martin Luther King Jr. ... FACTS

- Martin Luther King Jr. was named after Protestant reformer Martin Luther.
- Martin Luther King Jr. entered college when he was 15-years-old
- Martin Luther King Jr. the first nonpresident to have his birthday become a national holiday.
- Stevie Wonder wrote and recorded his song "Happy Birthday" in honor of Dr. King.





### The Principal's Corner

Happy New Year P.S.234!

Let me begin by wishing you all a Happy New Year filled with many successes and continued progress. During winter break, I hope you had the chance to catch up with friends and family and enjoy some rest and relaxation. It's a pleasure to see all of the children, teachers and staff back at school after a long, well-deserved break.

The start of a new year is a great time to focus on forming good habits. Making New Year's resolutions can be a fun way to do this! A New Year's Resolution is a goal that someone makes at the beginning of the year. The goal(s) we make can be related to anything we want; they do not have to be purely academic. For example, if I were to come up with a health goal a goal could possibly be "I will drink water every day and healthy beverages like milk with meals. I will keep soda and fruit drinks only for special times".

Some other examples of New Year's goals or resolution are:

- I will try to find a physical activity (like playing tag, jumping rope, dancing or riding my bike) or a sport I like and do it at least three times a week!
- I will try to be friendly to kids who may have a hard time making friends by talking with them and inviting them to join activities.
  - I will do my best to be nice to other kids who need a friend or look sad or lonely.
    - I will try hard to clean up my toys by putting them where they belong.
      - I will make sure to brush my teeth twice a day
    - . I will wash my hands after going to the bathroom and before eating.
    - I will try new foods when I can, especially all different colors of vegetables.
      - I will learn how to help clear the table when I am done eating.

Keep in mind that keeping track and sticking to your goals is just as important if not more important than setting the goal. One way you can do this is by using a chart. You can list your goals and the days of the week and keep track by using check marks on days that you meet the goal. Another way to keep track is by using a calendar. Each day, week or month mark the goals you have achieved on the calendar. Remember that the goal needs to be important to you, not to someone else. You should be able to explain why you want to achieve it and why it will make a difference for you. Goal setting is important for everyone, not just kids. When we set our goals, we want to be very clear and realistic so that we have the best chance to achieve them. The key is to remember that goals come in all shapes and sizes and we can achieve anything we set our minds to.

I cannot wait to see you all and have you share your New Year goals with me. I am looking forward to seeing everyone at our P.S.234 New Year's Party on Friday, January 5th from 4:00 to 7:00 PM in the GYM. Just a reminder that as the temperature dips here in New York, we need to be dressed appropriately to come to school and to play at recess time. Coats, hats, mittens or gloves, and boots are a must this time of year.

### PEKFORMI Council Updates

Attention P.S.234 students!!
At our last student council meeting, we discussed PB, also known as Participatory Budget. As PS234 students, we need to decide on what we think we should spend the money on. Here are some things that we discussed:

- More backstage equipment (Sets, spotlights, microphones, ect.)
- More outside equipment (Jump Ropes, Hula hoops, Chalk for hopscotch, etc.)
- Microphone for live newspaper broadcast
- More supplies for families in need
- Student Workbooks in different languages

Stay tuned for more
Student Council updates next month!

Written By Bella Borrero - PERFORM Council Secretary

